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## Inside the private Gronk gym at The Parker



Steph Solis



Gronk Fitness opened its private gym at The Parker, a luxury condominium complex near Boston Common, earlier this year. Gronk and The Parker gave Axios a look at the fitness space.

**The intrigue:** Gronk Fitness is known for its co-owner, Patriots legend Rob Gronkowski, and for its high-end equipment. The 1,500-square-foot gym at The Parker is equipped with high-quality weights, rowing machines and other machines.

•The company has developed gyms for Boston fire stations, touring musicians and school districts, says Gordie Gronkowski Jr., the oldest Gronkowski brother and a co-owner.

**What they're saying:** "You want something that's going to feel natural on your body, that feels good, that's not going to potentially injure you," Gordie Gronkowski Jr. tells Axios.

**The Gronkowskis** told the [Globe](#) in 2022 they hope their new gym will be the first of many in the city's luxury residential buildings.

- They haven't moved forward on projects in other luxury residential buildings yet, but the use of [ritzy perks](#) has become more commonplace in residential real estate in recent years.



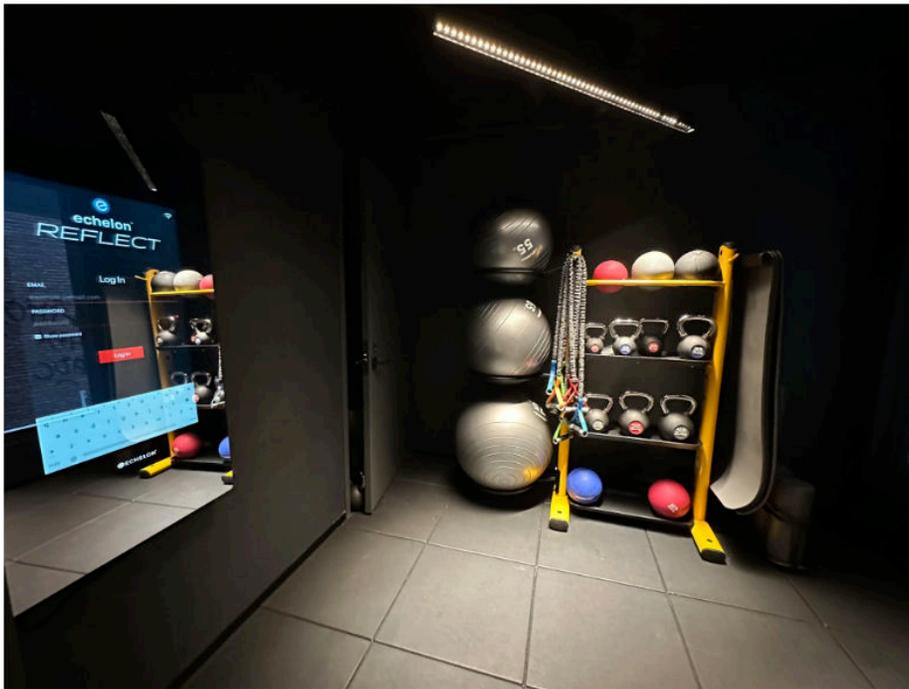
The gym opened earlier this year. Photo: Steph Solis/Axios



The weights span from a few pounds to 75 pounds. Photo: Steph Solis/Axios



The gym includes rowing machines, as well as weight and running machines. Photo: Steph Solis/Axios



The gym includes a fitness studio room. Photo: Steph Solis/Axios



The fitness studio within the Gronk Fitness gym includes weights, mats and exercise balls. Photo: Steph Solls/Axios

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